



CLINICAL GUIDELINES PROGRAM

NEW YORK STATE DEPARTMENT OF HEALTH AIDS INSTITUTE | HIV · HCV · SUBSTANCE USE · LGBT HEALTH

Comprehensive Primary Care for Adults With HIV

December 2022

Table 5: Primary Prevention for Adults With HIV		
Type	Recommended Guideline(s)	Comments
Tobacco smoking	USPSTF: Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions (2021)	<ul style="list-style-type: none"> USPSTF: <ul style="list-style-type: none"> Screen all adults for tobacco use. Recommend cessation. Provide behavioral interventions and FDA-approved pharmacologic therapy. Resources: Millionhearts.hhs.gov: <ul style="list-style-type: none"> Protocol for Identifying and Treating Patients Who Use Tobacco Identifying and Treating Patients Who Use Tobacco: Action Steps for Clinicians Tobacco Cessation Change Package
Unhealthy alcohol and drug use	NYSDOH AI: Substance Use Screening, Risk Assessment, and Use Disorder Diagnosis in Adults (2024)	<ul style="list-style-type: none"> NYSDOH AI: <ul style="list-style-type: none"> Screen all adults for alcohol, tobacco, and drug use. Assess level of use and treat as indicated. Laboratory screening is not recommended. Resources: <ul style="list-style-type: none"> USPSTF: Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (2018) NYSDOH AI: Substance Use Harm Reduction in Medical Care, Treatment of Alcohol Use Disorder, and Treatment of Opioid Use Disorder
Cardiovascular disease	USPSTF: <ul style="list-style-type: none"> Aspirin Use to Prevent Cardiovascular Disease: Preventive Medication (2022) Statin Use for the Primary Prevention of Cardiovascular Disease in Adults: Preventive Medication (2022) Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults With Cardiovascular Risk Factors: Behavioral Counseling Interventions (2022) 	Resources: <ul style="list-style-type: none"> American College of Cardiology ASCVD Risk Estimator Plus Characteristics, Prevention, and Management of Cardiovascular Disease in People Living With HIV: A Scientific Statement From the American Heart Association
Depression	USPSTF: Screening for Depression in Adults (2016)	<ul style="list-style-type: none"> USPSTF: Screen for depression, with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. Resources: <ul style="list-style-type: none"> PHQ-2 PHQ-9 C-SSRS

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Domestic violence	USPSTF: Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults: Screening (2018)	<ul style="list-style-type: none"> • Screen for domestic violence, including intimate partner violence, child abuse, and elder abuse.
Sexually transmitted infections	USPSTF: Sexually Transmitted Infections: Behavioral Counseling (2020)	<ul style="list-style-type: none"> • USPSTF: Provide behavioral counseling for all sexually active adults and adolescents. • Include discussion of appropriate vaccinations.
Neural tube defects in pregnancy	USPSTF: Folic Acid for the Prevention of Neural Tube Defects: Preventive Medication (2017)	<ul style="list-style-type: none"> • USPSTF: Folic acid supplementation is recommended for individuals who are planning or capable of pregnancy.
Breast cancer	USPSTF: Breast Cancer: Medication Use to Reduce Risk (2019)	<ul style="list-style-type: none"> • USPSTF: <ul style="list-style-type: none"> – Risk-reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors are recommended for women who are at increased risk of breast cancer and at low risk of medication-related adverse events. – Routine preventive medication is not recommended for women who are not at increased risk. • Note: This committee advises clinicians to screen for breast cancer in transgender and transfeminine men and cisgender females.
Skin cancer	USPSTF: Skin Cancer Prevention: Behavioral Counseling (2018)	<ul style="list-style-type: none"> • USPSTF: Counsel patients to minimize ultraviolet radiation.
Falls	USPSTF: Falls Prevention in Community-Dwelling Older Adults: Interventions (2018)	<ul style="list-style-type: none"> • USPSTF: Exercise interventions are recommended for adults ≥65 years old who are at increased risk for falls. • Note: This committee advises clinicians to include osteoporosis screening.
<p>Abbreviations: ASCVD, atherosclerotic cardiovascular disease; C-SSRS, Columbia-Suicide Severity Rating Scale; FDA, U.S. Food and Drug Administration; NYSDOH AI, New York State Department of Health AIDS Institute; PHQ, Patient Health Questionnaire; USPSTF, U.S. Preventive Services Task Force.</p>		